



# Lunch Menu



**Soup with sourdough toast - £8 (V)**

*(vegan & gluten free available)*

**Crema de queso - £5 (V)**

*cheese dip, pitta chips and veg sticks*

**Albondigas del mar - £6 (DF)**

*deep fried fish and potato balls, salsa de ajo*



**Poached cod in a coconut sauce - £17 (GF) (DF)**

*served with Latin rice, plantain and salad*

**Venezuelan black beans - £12 (Ve) (GF)**

*served with Latin rice, plantain, avocado and salad*

**Minute steak - £13 (GF)**

*served with yuca fries, chimichurri and humita (creamed corn)*

**Arepas of the Week (GF)**

*traditional Venezuelan corn bread (made in house) warmed and filled*

*(Vegetarian/vegan option available)*

**Sánduche of the Week**

*Latin inspired sandwiches - changing weekly*



**Please talk to us if you have any food allergies or dietary requirements, before placing your order**

**(DF) = dairy free (GF) = gluten free (N) = contains nuts (V) = vegetarian (Ve) = vegan**